| Men＇s Size Guide |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEN＇S SIZING | XS | S | M | L | XL | XxL |
| Chest（inches） | $35 \cdot 37^{\prime \prime}$ | 37－39＂ | $39.41{ }^{\prime \prime}$ | 41－43＂ | $43.45{ }^{\prime \prime}$ | $45 \cdot 47^{\prime \prime}$ |
| Chest（cm） | 89.94 cm | 94.99 cm | 99．104cm | 104．109cm | 109．114cm | 114.119 cm |
| Waist（inches） | 29－31＂ | $31 \cdot 33^{\prime \prime}$ | $33.35{ }^{\prime \prime}$ | $35 \cdot 37{ }^{\prime \prime}$ | 37－39＂ | $39.41^{\prime \prime}$ |
| Waist（cm） | 74－79cm | 79.84 cm | 84.89 cm | 89.94 cm | 94.99 cm | 99－104cm |
| MEN＇S GLOVE SIIING | XS | S | M | L | XL | XXL |
| Across knuckles（cm） | 7 cm | 8 cm | 9 cm | 10 cm | 1 lcm | 12 cm |


| Women＇s Size Guide |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| WOMEN＇S SIIING | XS | S | M | L | XL |  |
| Chest（inches） | 32－33＂ | 34－35＂ | $36.37{ }^{\prime \prime}$ | 38－39＂ | 40－41＂ |  |
| Chest（cm） | 81.86 cm | 87.90 cm | 91.95 cm | 96.100 cm | $101 \cdot 105 \mathrm{~cm}$ |  |
| Waist（inches） | 27－28＂ | 29－30＂ | $31.32^{\prime \prime}$ | $33.34^{\prime \prime}$ | 35.36 ＂ |  |
| Waist（cm） | 68.72 cm | 73.78 cm | 79.83 cm | 84.87 cm | 88.92 cm |  |
| Dress Size Equivalent（UK） | 8／10 | 10／12 | 12／14 | 14／16 | 16／18 |  |
| WOMEn＇s GLOVE SIZING | XS | S | M | L | XL |  |
| Across knuckles（cm） | 7 cm | 7.5 cm | 8 cm | 8.5 cm | 9 cm |  |

## General Fabric Care

## 凹 ツ ツ

There are some simple rules to follow when washing your Endura garments，to ensure a long life for the garment and that they are cleaned effectively without damaging their technical properties．

1．After use，do not leave the garment rolled up in a wet state，as this will encourage bacteria and mould，membrane delamination and／or colour migration．

2．Always follow the washing instructions on the garment label，if these cannot be found，then you can contact CS＠endura．co．uk

3．All garments that can be machine washed ore tested to $30^{\circ} / 40^{\circ} \mathrm{C}$ ，but we recommend washing at $30^{\circ} \mathrm{C}$ to reduce energy consumption and the impact on the environment．

4．Always wash dark colours separately．
5．Do not use fabric conditioner as this will damage the adhesion of seam tapes on waterproof fabrics ond can also damage DWR（Durable Woter Repellency）coatings．

6．Do not tumble dry．Instead，drip dry naturally but avoid drying in direct strong sunlight

7．Do not dry clean
To reactivate the DWR（Durable Water Repellency）on waterproof garments，use a cool iron setting， if that is permitted on the care label．Garments can also be reproofed using waterproofing agents such as Nikwax or Granger＇s．Always follow the application instructions．The garment should be clean and dry before starting this process．Be sure to avoid areas that ore not made of fabric（eg． buttons and zippers）and stand well back to avoid inhaling chemicals．Also be awore that these products may be flammable．

| Children＇s Size Guide |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Height |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |


| Footwear Size Guide |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| OVERSHOE／SOCK SIZING | s | M | L | XL | XxL |
| UK Size | 5－6．5 | 7．8．5 | 9－10．5 | 11－12．5 | 13－14．5 |
| EU Size | 37－39．5 | 40－42 | 42．5－44．5 | 45－47 | 47．5－49．5 |
| US Size | 5．5－7 | 7.5 .9 | 9.5 －11 | $11.5 \cdot 13$ | 13．5－15 |


| Helmet Size Guide |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| HeLMet sIZING |  | S－M | M－L | L－XL |  |  |
| Head Circumference（inches） |  | $20-22^{\prime \prime}$ | $21.5-23.25^{\prime \prime}$ | $22.75-24.75^{\prime \prime}$ |  |  |
| Head Circumference（cm） |  | $51-56 \mathrm{~cm}$ | $55-59 \mathrm{~cm}$ | $58-63 \mathrm{~cm}$ |  |  |

