

PROMOTED BY
ISLINGTON CC & FINSBURY PARK CC



CAPITAL CRITS

DATE

14/16 2025

AM 11:00 — PM 04:00

Lee Valley VeloPark

WOMEN'S AND MEN'S Cat 2/3/4 (Reg A)
WOMEN'S AND MEN'S Cat 4 (Reg C+)
WOMEN'S Go-Race

SUPPORTED BY



GIANT CAMDEN

THE CAPITAL CRITS

A joint promotion By Islington CC and Finsbury Park CC

With Sponsorship from Giant Camden

Two of London's leading cycling clubs, Islington CC and Finsbury Park CC are delighted to come together to promote this day of closed circuit Crit Racing at London's celebrated Olympic VeloPark.

We are running a full program of events catering for both riders looking to try racing for the first time in a safe, supportive environment and experienced racers in the chase for points and promotion.

We open with a Women's only Go-Race, to encourage those who are curious about racing to give it a go it for the first time in a low-pressure environment. This race will be a fun, inclusive event for those who have never raced or those who have only raced once or twice – no race licence required to take part. It will be immediately followed by a Women's Cat 4 only race, to give those who enjoyed the experience a chance to try a formal race. The full racing programme is as follows:

PROVISIONAL PROGRAMME

11:00 Women Go-Race Introductory Event (no licence required)

11:35 Women's Regional C+ 4th Category

12:35 Open Regional C+ 4th Category

13:25 Women's Regional A - 2nd, 3rd 4th Category

14:40 Open Regional A - 2nd, 3rd, 4th Category

Open to riders with a [Full Racing Licence](#) or holders of a [Day Licence](#).

On line entries close 5pm Wednesday 11th June. There will be entry on the day if places are available.

PRIZES

There will be cash and sponsor prizes for the podium riders.

Sponsored by **Giant Camden** bike shop

North London bike shop Giant Store Camden is located on Kentish Town Road and with this edition will have generously sponsored prizes for the Club's race program for nine years. Run by passionate cycling advocate Nick Freilich and his team of bike enthusiasts, the Giant Store offers the complete cycling experience including bike servicing, fitting and sports therapy. Giant Camden is passionate about women's cycling, supporting events and riders. The store has an area dedicated to Liv bikes, the first cycling brand dedicated entirely to women and stocks a selection of women's specific accessories and gear.

Finsbury Park CC and Islington CC are delighted that Nick and the team at Giant Camden continue to support our event with shop vouchers and prizes.



VENUE

Lee Valley VeloPark, Queen Elizabeth Olympic Park, Abercrombie Road, London, E20 3AB

FACILITIES

The Lee Valley VeloPark can be easily reached by bike and also offers parking (under certain conditions - see below), men's and women's changing rooms and the Cafe 42 Degrees overlooking the Velodrome.

PARKING AT LEE VALLEY VELOPARK

VeloPark cycling customers are entitled to up to four hours free car parking upon entering the car park. Car details must be registered at the terminals see the Velopark website for full details.

[Plan Your Visit | Lee Valley VeloPark | Better](#)

SIGN ON

The sign on desk will be the track-side gazebo on the Road Plaza. **Sign-on windows** are as follows:

Women Go-Race Introductory Event -	10:15 - 10:45
Women's Regional C+ 4th Category -	10:45 - 11:20
Open Regional C+ 4th Category -	11:20 - 12:20

Women's Regional A - 2nd, 3rd 4th Category - 12:20 - 13:20

Open Regional A - 2nd, 3rd, 4th Category - 13:20 - 14:25

If available, on the line entries will be on a first come first served basis at £28 for Regional races and £10 for Go-Race and those seeking EOL should sign on as soon as Sign On Window for their race opens.

ONLINE ENTRY

Riders can enter online on the British Cycling Events website

[Islington CC & Finsbury Park CC - CAPITAL CRITS Events - British Cycling](#)

ENTRY ON THE LINE - PAYMENT

Please note, for Entry on the Line we will be accepting card payment. If you wish to pay in cash please ensure you have the correct amount for the entry (£28) and any applicable licence.

A day licence can be bought for £10 (£5 for Juniors). A single day licence does not earn the rider any ranking points. There is a 50% discount for those affiliated with British Cycling as Members or Premium Members.

REFUND POLICY

We will refund withdrawals up to three weeks before the event but after that, due to costs incurred by the Club, we will be unable to do so. Any refunds are net of BC refund fee.

OTHER

A photographer will be taking pictures on the day and these will be made available via a link that we will distribute after the race on your email.

Rider Safety - Race Smart. <https://www.britishcycling.org.uk/knowledge/skills/road-racesmart>